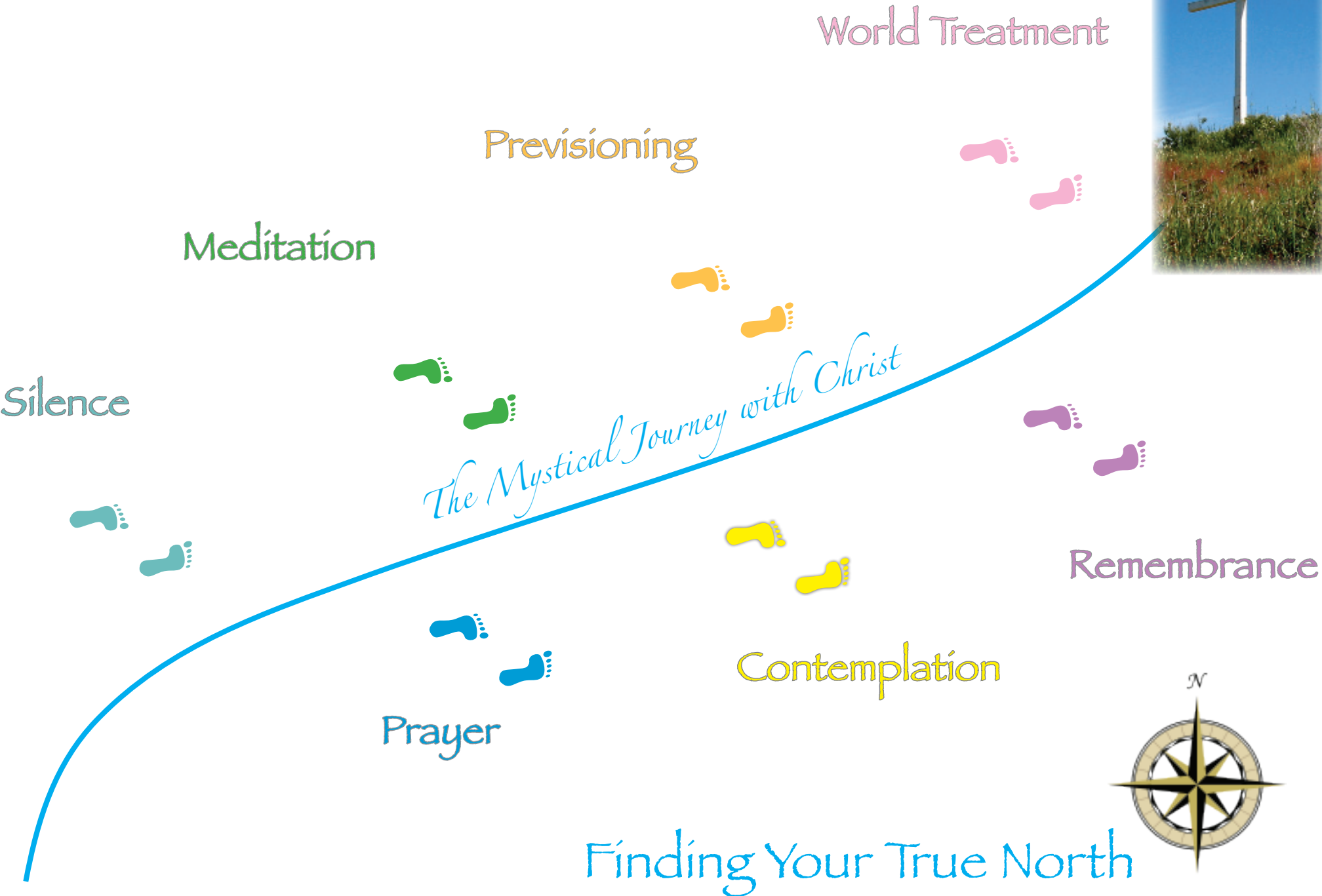


Ways Into God's Presence



Finding Your True North: Contents

Kit Symbols:



Keychain Reference Card



Book or Booklet



Audio CD



Information Sheet



www Resource



Information Sheets

- I 1: Orientation Sheet
- I 2: Our 7 Bodies - Alignment Technique
- I 3: Creating Your Life Rules
- I 4: Finger Labyrinth
- I 5: Continents
- I 6: Watchwords



Begin Here



Books

- Gateways Into Light (GIL)
- Ways Into God's Presence (WIGP)



CDs

- The Way to the Within
- The Practice of Meditation
- Life Rules



Silence

- S 1: The Meaning of Silence
- S 2: The Value of Silence
- S 3: Divine Silence
- S 4: Vertical Attunement
- S 5: Silence Your Subterranean Energies
- S 6: Listening to Trees
- S 7: The Immensity of God
- S 8: Creator of All Things
- S 9: Attuning to Your Guardian Angel
- S 10: Into the Silence
- S 11: Peace Through Spiritual Statements
- S 12: A Silent Gratitude Walk



Prayer

- P 1: The Meaning of Prayer
- P 2: The Value of Prayer
- P 3: How to Pray
- P 4: Envisioning Your Prayers
- P 5: Invoking the Presence of God
- P 6: Addressing the Seven Aspects of God
- P 7: Guidelines for Prayers of Safety
- P 8: Flower's Prayer for Personal Safety
- P 9: Guidelines for Prayers of Healing
- P 10: Flower's Healing Prayer for Our Body
- P 11: Guidelines for World Prayer
- P 12: Flower's Prayer for World Protection



- M 1: The Meaning of Meditation
- M 2: The Value of Meditation
- M 3: When to Meditate
- M 4: How to Meditate
- M 5: Preliminaries to Meditation
- M 6: Alignment Technique
- M 7: The Practice of God Awareness
- M 8: Stillness to Improve Concentration
- M 9: Planning Meditation
- M 10: Planning Meditation Variations
- M 11: Drawing Closer to God
- M 12: Jacob's Ladder
- M 13: Devotional Meditation
- M 14: Inclusive Meditation
- M 15: Awakening to God Within Us
- M 16: Increasing Creative Reception
- M 17: Divine Trust

- M 18: Creative Meditation
- M 19: Esoteric Meditation
- M 20: A Labyrinth Walking Meditation
- M 21: Suggested Meditation Themes, Part I
- M 22: Suggested Meditation Themes, Part II



Contemplation

- C 1: The Meaning of Contemplation
- C 2: The Value of Contemplation
- C 3: How Contemplation Comes
- C 4: What Comes from Contemplation?
- C 5: Journaling Your Visions
- C 6: Music as a Channel



Previsioning

- V 1: Prevision Your Day
- V 2: Prevision Your Meditation
- V 3: Calling Forth the Light of Christ



Remembrance

- R 1: Recollection Throughout the Day
- R 2: Recollection Prayer
- R 3: Under Stress, Remember Poise
- R 4: Recollect the Hierarchy Serving God
- R 5: Realignment
- R 6: End of the Day Reflection
- R 7: Remembrance of the Lord Christ



World Treatment

- W 1: The Need for World Treatment
- W 2: World Treatment